

Thirty Fourth Annual

EAST BAY INVITATIONAL JUDO TOURNAMENT

Sunday, 18 September 2022
El Cerrito High School
540 Ashbury Ave
El Cerrito, CA 94530

Hosted By:
The East Bay Judo Institute

Tournament Director:
Sayaka Torra
(510) 237-0607

Sanctioned by:
United States Judo Federation (USJF) #22-09-02

Sponsored by:
Daiheigen Judo Yudanshakai

GENERAL INFORMATION

ELIGIBILITY

This tournament is open to a maximum of 400 male and female contestants at least five (5) years of age on the day of the competition. All contestants must be registered members of and in good standing with the United States Judo Federation (USJF), USA Judo (USJI), or the United States Judo Association (USJA).

All contestants must present their valid USJF, USJA, or USA Judo registration card, with acceptable proof of insurance, at the time of registration. If a contestant is unable to present their valid registration card, he or she will be required to purchase USJF membership at the tournament site. Responsibility for reimbursement of membership fees for those who have previously registered remains that of the individual.

All contestants must be familiar with the sport of Judo and the rules, and have sufficient ability to safely compete in the tournament. Contestants, their parents (in the case of minor contestants), and their instructors have the responsibility of ensuring that the contestants meet this requirement.

Note that contestants will be required to bring their own blue and white judogi. Alternatively, contestants may bring only a white judogi with their own blue and white belts.

ENTRY FEES

There will be NO ON-SITE REGISTRATION! All contestants are required to register online at <https://www.ebji.org> before September 16, 2022. The registration fee is \$70. All payments will be made through PayPal. Incomplete/Unpaid online registrations will not be permitted to compete.

EARLY ENTRY DISCOUNT

Early registration will be available from August 1 through September 9 at <https://www.ebji.org>. The early registration fee will be \$50. Any registrations that are incomplete/unpaid by September 9 will be required to pay the regular entry fee.

All contestants must still check in at designated times on the day of the tournament to weigh in and present their valid USJF, USJA, or USA Judo registration card, with acceptable proof of insurance.

CONTESTANT LIMIT

This tournament will be limited to the first 400 registered contestants. An entry will not be considered complete until payment has been received on a first come, first served basis. Please do not wait until the last minute to register.

CANCELLATIONS

Any paid registrations can be cancelled by email up to September 17 for a full refund (paid back by PayPal). Any questions or concerns can be addressed by email at info@ebji.org.

ENTRY REQUIREMENTS

To assure the requirements for participation in the 2022 East Bay Invitational Judo Tournament, the following forms must be completed and submitted online at the time of registration:

1. Official Entry
2. Waiver and Release of Liability and Agreement to Participate
3. Parental Consent form for competitors under 18 years old

CATEGORIES OF COMPETITION

All contestants will be grouped in pools of novices/beginners or brown and black belts, according to age, weight (at least 3 weight classes per division), and rank. Every effort will be made to separate contestants from the same club, and to provide competitors with the maximum number of matches with opponents of roughly same size and ability, although this will not be possible in all cases. Instructors are requested to check pools when called to ensure the safety of their students. If we cannot find a safe division for a participant after consultation with tournament staff and instructor, their entry can be withdrawn and fee refunded in full (electronically through PayPal payment).

REFEREE ATTIRE

Referees should come dressed in black socks, grey slacks, and a white polo shirt.

CONTEST RULES

The matches will be conducted using the current Contest Rules for Judo as stipulated by the International Judo Federation (IJF), with the following modifications:

Rules

1. The following techniques will not be permitted for contestants 12 years of age and under:
 - a. *Shime-Waza* (Choking techniques)
 - b. *Double Drop-Knee Seoinage*
2. *Kansetsu-Waza* (Joint lock techniques) will be allowed in the Black Belt divisions only.
3. The illegal application of techniques in #1 or #2 will result in Hansoku Make (loss of that match).
4. Blue and white judogi (or alternatively, white judogi with blue and white belt) are required for all contestants.
5. CARE system will not be use. Matches will be officiated by referee assisted by 2 judges.
6. Contest areas will be 6.5m x 6.5m with a 4m safety area.

Match Time

Black belts: 4 minutes
All others: 3 minutes

Medical Rule

1. All contestants except Black Belts will be allowed to receive appropriate medical examination and treatment during their matches in cases of injury. Determination of cause and match winner will remain with the referee and judge(s).
2. Matches involving Black Belt contestants will involve the use of current IJF rules concerning medical examination and treatment.

Scoring

1. The winning contestant in each match will be awarded points, according to the level of win, as follows:
 - a. Ippon 10 points
 - b. Wazari 7 points

Awards

1. First, second, and third place awards will be given in each division.
2. Places will be awarded by the following criteria, in this order:
 - a. Most wins
 - b. Most points, if wins are tied
 - c. Result of head to head match, if wins and points are tied
 - d. If two contestants have not competed but are tied in wins and points, they will compete if similar in size; if their sizes are too different, determination will be based on points aggregated across common opponents.
3. If a contestant in a 6-person pool or smaller drops from the competition for any reason whatsoever, that pool may be rearranged into a smaller, round robin pool. If a contestant in a 7-person pool or larger drops from the competition, a decision will be made by the Tournament Matchmaker in the best interests of the competitors. In either case, the tournament matchmaker will be consulted before a decision is reached.

COVID PROTOCOLS

We recommend that all attendees (Athletes, Coaches, Referees, Staff, Vendors, Volunteers, and Spectators) perform a Covid test within 72 hours before the event. There will be a limited amount of Covid tests on-site.

Currently there are no Covid restrictions in our city/county, but that's obviously subject to change. We will make efforts to communicate any major changes to all registered contestants.

SCHEDULE

Saturday, 17 September 2022 (El Cerrito High School)

1:00pm – 3:00pm Setup and weigh-in

NOTE: Weigh-in also available at check-in on Sunday morning

Sunday, 18 September 2022 (El Cerrito High School)

Check-in times will be posted on the website at <http://www.ebji.org> on or before Thursday, September 15, 2022

9:00 am Referee/Rules Meeting

10:00 am OPENING CEREMONY AND COMPETITION BEGINS!

For more information or clarification, contact:

Sayaka Torra, Tournament Director

Phone: (510) 237-0607

email: info@ebji.org

DIRECTIONS TO EL CERRITO HIGH SCHOOL

From San Francisco:

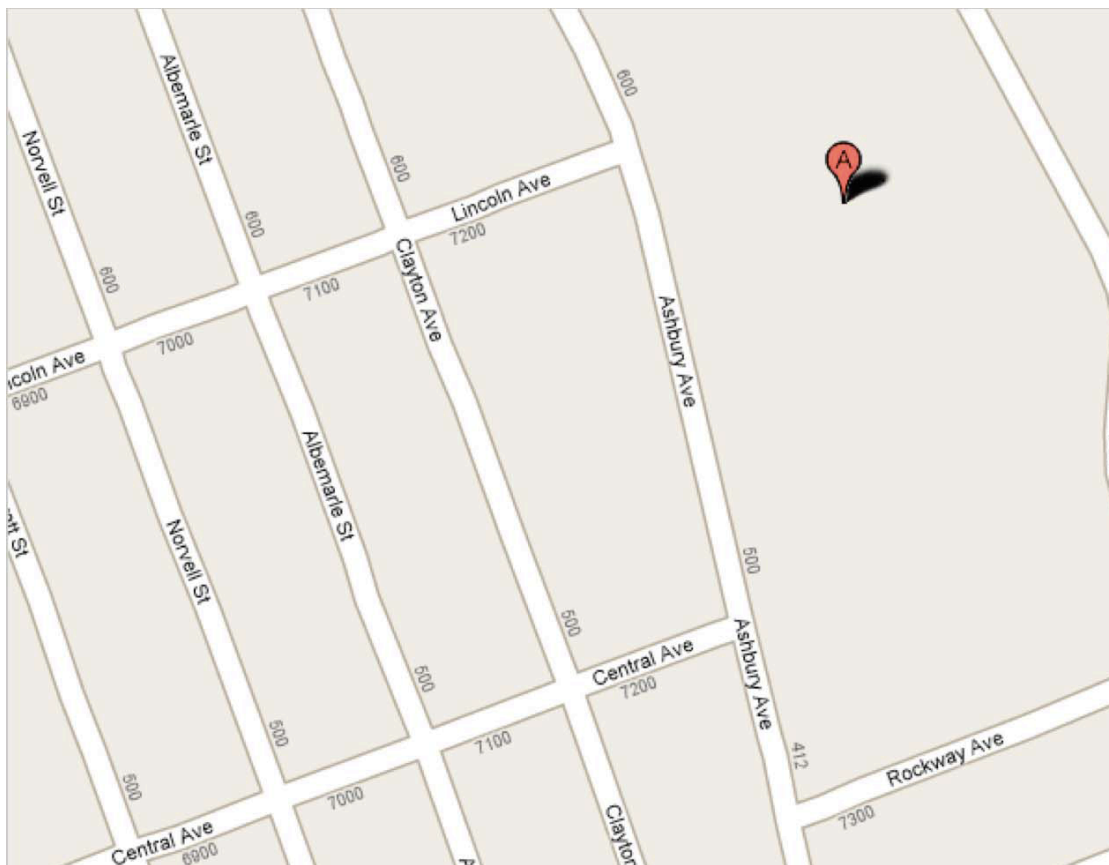
Take I-80 East across the bay bridge towards Sacramento. Take the Central Avenue exit. Turn Right onto Central Avenue and continue straight until Central dead ends at Ashbury. Turn left onto Ashbury. School is on your right.

From the East:

Take 580 West to I-80 East towards Sacramento. Take the Central Avenue exit. Turn Right onto Central Avenue and continue straight until Central dead ends at Ashbury. Turn left onto Ashbury. School is on your right.

From Sacramento:

Take I-80 West towards San Francisco. Take the Central Avenue exit. Turn Left onto Central Avenue and continue straight until Central dead ends at Ashbury. Turn left onto Ashbury. School is on your right.





USJF COVID-19 Event Planning Guidelines

(Revision **211231** – Updates in **RED**)

The USJF Medical Committee has reviewed the guidelines released by the US Olympic and Paralympic Committee regarding event planning and adapted these recommendations for our members. Please note that the knowledge and circumstances around COVID-19 are changing constantly and, as such, the USJF makes no representation and assumes no responsibility for the accuracy or completeness of this information. Members should seek advice from medical professionals and/or public health officials if there are have specific questions about your return to training and competition.

Judo is considered a high-risk sport for transmission of COVID-19 between competitors. Risk of transmission cannot be completely eliminated even with prevention methods.

USJF Liability & Accident Medical Coverage: USJF sanction and insurance coverage is contingent upon compliance with USJF guidelines, local, and state regulations. Failure to do so automatically **VOIDS** the sanction and all insurance coverages.

COVID-19 Testing Requirements

Local/Regional Events

1. For **UNVACCINATED individuals: referees, technical officials, athletes, and coaches:** we recommend requiring documentation of negative COVID-19 PCR test taken within 72 hours of registration/check-in for the event subject to local/state health guidelines. Some localities have more strict guidelines in place for unvaccinated individuals, please refer to local guidelines as well.
2. For **VACCINATED individuals: referees, technical officials, athletes, and coaches:** if any symptoms, participants should show a negative PCR test within 72-hours of registration/check-in for event taken after the development of symptoms
 - a. **All vaccinated individuals should present proof of vaccination card.**
 - b. **Vaccination series must be completed over two weeks before event**
3. Additional rapid antigen testing at registration/check-in may be performed at the discretion of the event medical director and subject to local and state laws. Event medical director(s) may consider factors such as physical space of venue for social distancing, incidence and prevalence of COVID-19 locally, and feasibility/logistics of performing on-site testing.
4. Testing of individuals other than coaches or athletes (spectators, guests, volunteers, referees, technical officials) may be performed at the discretion of the tournament medical director and subject to local and state laws. Event medical director(s) may consider factors such as physical space of venue for social distancing, incidence and prevalence of COVID-19 locally, and feasibility/logistics of performing on-site testing.
5. Individuals who have recovered from COVID-19 infection and their PCR test is positive within 90 days of positive COVID-19 test, must provide their original positive test results showing date from an authorized medical facility and complete a COVID-19 Health Questionnaire indicating lack of ongoing symptoms or clearance from a medical provider.
6. Any positive test or unvaccinated individual showing symptoms of COVID-19 will not be allowed to participate. There is no option to re-test.
7. USJF will not require proof of negative COVID-19 test from spectators, guests, volunteers, and vendors.
8. Masking and social distancing should follow local/state health department guidelines.



USJF COVID-19 Event Planning Guidelines

(Revision **211231** – Updates in **RED**)

COVID-19 Testing Requirements - continued

National Events

1. For **UNVACCINATED individuals: Athletes, Coaches, Referees, USJF staff, Vendors, Volunteers, and Spectators**: recommend documentation of negative COVID-19 PCR test taken within 72 hours of registration/check-in for the event subject to local/state health guidelines.
2. For **VACCINATED individuals: Athletes, Coaches, Referees, USJF staff, Vendors, Volunteers, and Spectators**: if asymptomatic, we suggest an optional COVID-19 PCR test within 72 hours of registration/check-in. If any symptoms, we recommend requiring negative PCR test within 72-hours of registration/check-in for event taken after development of symptoms.
 - a. **All vaccinated individuals should present proof of vaccination card.**
 - b. **Vaccination series must be completed over two weeks before event**
3. Additional rapid antigen testing at registration/check-in to be performed at the discretion of the event medical director and subject to local and state laws. The medical director may consider factors such as physical space of venue for social distancing, incidence and prevalence of COVID-19 locally, and feasibility/logistics of performing on-site testing.
4. Individuals who have recovered from COVID-19 infection and their PCR test is positive within 90 days of positive COVID-19 test, must provide their original positive test results showing date from an authorized medical facility and complete the COVID-19 Health Questionnaire.
5. Any positive test or unvaccinated individual showing symptoms of COVID-19 will not be allowed to participate. There is no option to re-test.
6. Masking and social distancing should follow local/state health guidelines.

Requirements for Location and Venue Selection:

1. All events must comply with local public health regulations regarding events and gatherings. Event organizers are responsible for verifying compliance with local public health regulations.
2. Event venues must have adequate space for maintaining social distancing at all times including access and egress routes.
3. Event venues must have adequate space for an appropriate medical setup. In addition to medical tent/first aid station, organizers must identify a separate room/area that can be used for isolation of person(s) with suspected infection.

Requirements for Event Planning:

1. Appoint a medical director for the event.
 - a. Medical director should be a licensed medical physician
 - b. The medical director will have the authority to cancel event based upon public health risk
 - c. The medical director will have the following responsibilities
 - i. Form a medical team for the event
 1. With increased logistical needs due to COVID precautions, we highly recommend multiple physicians to support the medical director and additional supporting medical staff as appropriate.
 - ii. Work with county/state public health authorities during the planning process to ensure rules and regulation are followed
 - iii. Identify local healthcare resources (urgent care, emergency rooms, ambulance services) and notify them of event time and location



USJF COVID-19 Event Planning Guidelines

(Revision 211231 – Updates in RED)

- iv. Develop medical plan for emergencies and plan for persons' who become symptomatic with suspected COVID infection. This may include an creating an isolation area for individuals with possible infection and identifying safe access and egress route.
 - v. Work with event organizers to procure necessary medical supplies including appropriate PPE which may include a small supply of N-95 respirators in the event that medical staff may need to evaluate persons with suspected COVID-19 infection
 - vi. Work with event organizers to ensure appropriate symptom screening and temperature check upon entering venue.
2. Determine who will be allowed at the event
- a. Essential persons which would include athletes, coaches, referees, technical officials, event staff, and medical staff.
 - b. Limit non-essential persons if possible i.e., spectators, vendors.
 - i. For junior competitors – allow one parent per competitor.
 - c. Individuals at high risk for severe illness should consider the risk of attendance and proceed with caution:

Risk factors include:

 - i. > 65 years of age
 - ii. Moderate to severe asthma
 - iii. Chronic lung disease
 - iv. Serious heart conditions
 - v. Immunocompromised
 - vi. Severe obesity
 - vii. Diabetes
 - viii. Liver disease
 - ix. Living in a nursing home or long-term care facility
3. Screen all attendees entering venue (competitors and non-competitors)
- i. No signs or symptoms of COVID-19 in the last 10 days
 - ii. No close sustained contact with anyone who is sick within the last 10 days
 - iii. Check temperature
 1. If temperature is above 100.4, the individual will not be allowed access and will be asked to seek immediate medical attention, including but not limited to quarantine protocols.
4. Keep a record of all persons who enter the venue including contact information for contact tracing
5. Provide contact information for event organizers and medical director to all attendees for notification in case COVID infection is diagnosed after event is concluded.
6. Additional infection mitigation recommendations
- a. Create clear separation between essential and non-essential persons at the event
 - b. Develop a procedure that ensures social distancing at venue entrances, exits, aisles, spectating locations (e.g., every third seat, every third row, designated/marked standing locations for spectators with six feet between each standing location, etc.)
 - c. Monitor people at the venue for signs or symptoms of infection
 - d. Provide hand sanitizer at multiple locations throughout the venue
 - e. Establish frequent cleaning schedule for high touch areas using disinfectant before, during and after event



USJF COVID-19 Event Planning Guidelines

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- f. Clean equipment between each athlete use
- g. Have athletes bring their own food and hydration
- h. Have athletes use only their own towel hygiene products
- i. Mats should be spray cleaned with disinfectant with sufficient dwell and dry time at least every hour and before and after tournament**
- j. Masks should be worn in compliance with local regulations**

Next Scheduled Update: February 15, 2022

The next scheduled update will be on February 15, 2022. Should there be urgent changes to the COVID pandemic situation, an update may be issued prior to the next scheduled update.